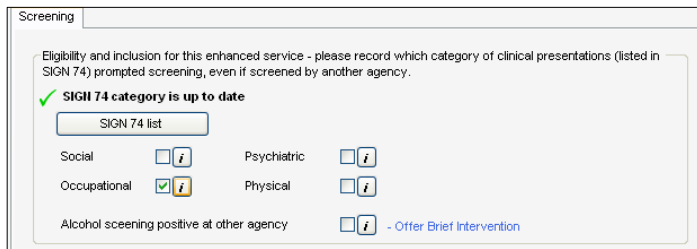
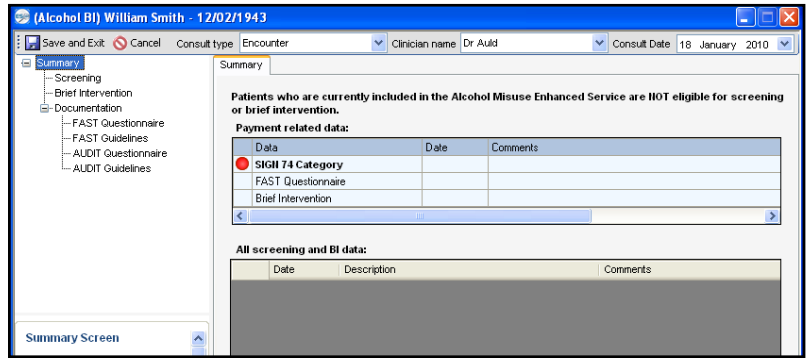


# Alcohol Brief Intervention Crib Sheet

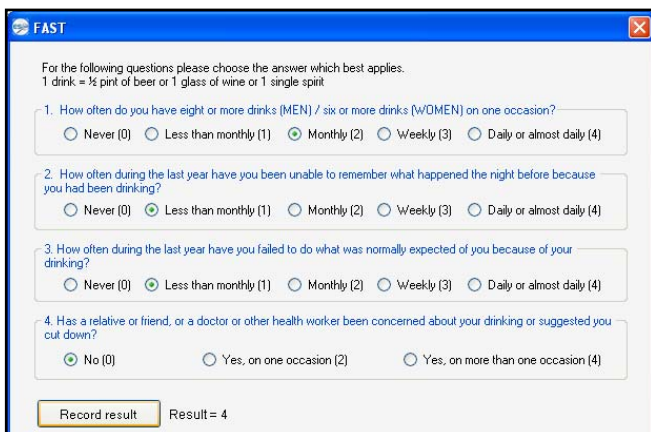
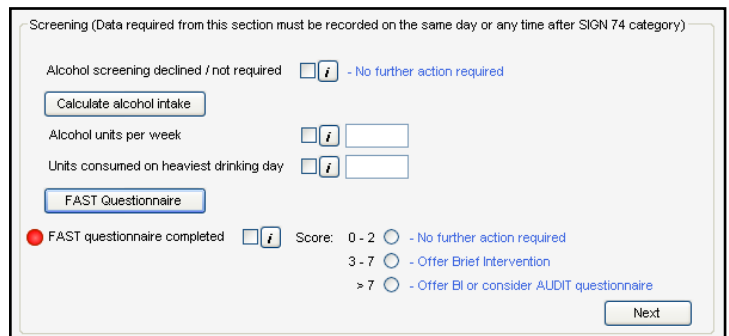
This initial screen provides a summary of the requirements for this Enhanced Service and information relating to Alcohol BI.

**Patients currently included in the Alcohol Misuse Enhanced Service are not eligible for screening or brief intervention.**



Annex 2 of the **SIGN 74** guidelines provides a list of clinical presentations where the role of alcohol should be considered. They fall into 4 main categories, you should record which category of clinical presentations prompted screening.

Although the FAST questionnaire is the main screening tool for brief interventions, it is also recommended that **daily and weekly** alcohol consumption is recorded as part of this screening process. An alcohol consumption calculator has been provided to assist with this.



The **FAST Questionnaire** can be completed and the score calculated using the electronic version. Although an answer of “weekly” or “daily” to question one would generate a positive screen, all 4 questions should be asked in order to return an accurate score.

Once the result has been recorded a green tick will be displayed indicating that the ‘FAST’ questionnaire has been completed, and the suggested course of action is displayed in blue text next to the score.

FAST questionnaire completed   *i* Score: 0 - 2  - No further action required  
 3 - 7  - Offer Brief Intervention  
 > 7  - Offer BI or consider AUDIT questionnaire

- If the score is **0 – 2**, then a brief intervention should not be required.
- If the score is **3 – 7**, then a brief intervention should be offered.
- If the score is **greater than 7**, a brief intervention can still be offered, but the clinician should consider the possibility that the patient may be a dependent drinker, and may wish to carry out further screening such as the **AUDIT questionnaire**.

As we can see this patient has a FAST score of between 3 and 7 and should be offered a brief intervention. We can proceed to the brief intervention section by clicking on 'Next'.

To complete this section **one** of the following options should be recorded:

- Brief intervention completed
- Brief intervention provided by other agency
- Brief intervention declined/not required

Brief Intervention

Brief Intervention (Should only be completed for those patients who have been screened)

AUDIT questionnaire completed   *i* Score: less than 20   
 20 or above  - Not suitable for Alcohol BI

Brief Intervention offered   *i*

**• Brief Intervention details should be recorded.**

Brief Intervention completed   *i*

Brief Intervention provided by other agency   *i*

Brief Intervention declined / not required   *i*

Alcohol leaflet given   *i*

Referrals:

The data recorded during this consultation will generate a successful screening and brief intervention claim.