



NHS Highland

Last updated: 23/03/2010

Depression

| Read Code | Screen Description | Read Code Description |
|---|--|---|
| Screening | | |
| 6896. PHQ9 & Suicide Risk | Depression screen completed | Depression screen using quest |
| 388f. 1BD7. 1BD6. 1BD5. | PHQ9 Completed Low risk Moderate risk High risk | Pt health quest (PHQ-9) score Low suicide risk Moderate suicide risk High suicide risk |
| Enhanced Service Requirements | | |
| 9K4.. | Depression – enhanced service commenced | Depression – enhanced service admin |
| 9K40. | Depression – enhanced service completed | Depression – enhanced service completed |
| 8BK0. | Depression management program | Depression management program |
| Diagnosis | | |
| E1121 | Single major depression-mild | Single major depression-mild |
| E1122 | Single major depress.-moderate | Single major depress.-moderate |
| E1123 | Single major depression-severe | Single major depression-severe |
| E1124 | Single maj.depress.severe+psychosis | Single maj.depress.severe+psyc |
| E1131 | Recurr.major depression-mild | Recurr.major depression-mild |
| E1132 | Recurr.major depress.-moderate | Recurr.major depress.-moderate |
| E1133 | Recurr.major depression-severe | Recurr.major depression-severe |
| E1134 | Recurr.maj.depres.-severe+psyc | Recurr.maj.depres.-severe+psyc |
| E1160 | Manic depression (Bipolar) | Mixed bipolar affective-unspec |
| Contributing factors to depression | | |
| E25z. | Drug Misuse | Drug Misuse |
| 146E. | H/O Recreational Drug Use | H/O Recreational Drug Use |
| 1361. | Teetotaller | Teetotaller |
| 1362. | Trivial drinker - <1u/day | Trivial drinker - <1u/day |
| 1363. | Light drinker - 1-2u/day | Light drinker - 1-2u/day |
| 1364. | Moderate drinker - 3-6u/day | Moderate drinker - 3-6u/day |
| 1365. | Heavy drinker - 7-9u/day | Heavy drinker - 7-9u/day |
| 1366. | Very heavy drinker - >9u/day | Very heavy drinker - >9u/day |
| 1367. | Stopped drinking alcohol | Stopped drinking alcohol |
| E204. | Postnatal depression | Postnatal depression |
| 3885. | Edinburgh Depression Scale | Edinburgh postnatal depression scale |
| Referrals | | |
| 8H49. | Refer to Psychiatrist | psychiatric referral |
| 8H7T. | Refer to Psychologist | Refer to psychologist |
| 8H7B. | Refer to Community Psychiatric Nurse | Referral to community psych nurse |
| 8H34. | Refer to Psychiatric day care | Psychiatric day care |
| 8G13. | Refer to Cognitive-behaviour therapy | Cognitive-behaviour therapy |
| 8H78. | Refer to counsellor | Refer to counsellor |

| | | |
|------------------------------|---------------------------------------|--------------------------------|
| 8H71. | Refer to Practice Mental Health Nurse | Refer to practice nurse |
| 8Hc0. | Refer to Community Mental Health Team | Ref community ment health team |
| 8HHq. | Refer to guided self-help | Ref guid self-help for depress |
| 8HHr. | Refer to information leaflets | Ref ment heal self-help litera |
| 9K... | Book prescription | Forms - miscellaneous |
| Depression exceptions | | |
| 9hC1. | Exc depressi qual ind: Inf dis | Exc depressi qual ind: Inf dis |
| 9hC0. | Exc depr qual: ind: Pat unsuit | Exc depr qual: ind: Pat unsuit |
| 212S. | Depression resolved | Depression resolved |