



NHS Highland

Last updated: 15/12/2009

Diabetes

Read Code	Screen Description	Read Code Description
Diagnosis		
C10E.	Type 1 diabetes mellitus	Type 1 diabetes mellitus
C10F.	Type 2 diabetes mellitus	Type 2 diabetes mellitus
C10..	Diabetes mellitus – other/unknown	Diabetes mellitus
C10C.	Maturity onset diabetes of youth	Maturity onset diabetes of youth
Locus of Care		
66AP.	Practice programme	Diabetes: practice programme
66AQ.	Shared care programme	Diabetes: shared care programme
Current Treatment		
66A3.	On diet only	Diabetic on diet only
66A4.	On oral treatment	Diabetic on oral treatment
66A5.	On insulin	Diabetic on insulin
66AV.	On insulin+oral treatment	Diabetic on insulin+oral treat
Ethnicity		
White		
9i21.	Scottish	Scottish – Ethnic cat 2001 census
9i0..	Other British	British or mixed British 2001 cen
9i1..	Irish	Irish – Ethnic category 2001 cen
9i2..	Any other White background	Other white – Ethnic categ 2001 cen
Mixed		
9i6..	Any mixed background	Other mixed – Ethnic cat 2001 cen
Asian, Asian Scottish or Asian British		
9i7..	Indian	Indian or British Indian 2001 cen
9i8..	Pakistani	Pakistani or Brit Pakistani 2001 cen
9i9..	Bangladeshi	Bangladeshi or Brit Bangl 2001 cen
9iE..	Chinese	Chinese – Ethnic category 2001 cen
9iA..	Any other Asian background	Other Asian – Ethnic cat 2001 cen
Black, Black Scottish or Black British		
9iB..	Caribbean	Caribbean – Ethnic categ 2001 cen
9iC..	African	African – Ethnic category 2001 cen
9iD..	Any other Black background	Other Black – Ethnic cat 2001 cen
Other Ethnic background		
9iF..	Any other Ethnic background	Other Ethnic – Ethnic cat 2001 cen
Refused / Not stated by patient		
9iG..	Ethnic category not stated	Ethnic category not stated
Height & Weight		
229..	Height	O/E - height
22A..	Weight	O/E - Weight
22K..	Body Mass Index	Body Mass Index
22N0.	Waist circumference	Waist circumference
Blood Pressure		
2469.	Systolic BP reading	O/E - Systolic BP reading
246A.	Diastolic BP reading	O/E - Diastolic BP reading
8BL0.	Maximal tolerated antihypertensive therapy	Pt on max tol antihypert ther
8I3Y.	Blood pressure procedure refused	BP procedure refused
Urinalysis		

4671.	Urine protein test not done	Urine protein test not done
4672.	Negative	Urine protein test negative
4673.	Trace	Urine protein test = trace
4674.	+	Urine protein test = +
4675.	++	Urine protein test = ++
4676.	+++	Urine protein test = +++
4678.	Proteinuria	Proteinuria
Lifestyle		
137R.	Current smoker	Current smoker
137S.	Ex smoker	Ex smoker
1371.	Never smoked tobacco	Never smoked tobacco
1381.	Exercise physically impossible	Exercise physically impossible
1382.	Avoids even trivial exercise	Avoids even trivial exercise
1383.	Enjoys light exercise	Enjoys light exercise
1384.	Enjoys moderate exercise	Enjoys moderate exercise
1385.	Enjoys heavy exercise	Enjoys heavy exercise
136..	Alcohol consumption	Alcohol consumption
6896.	Depression screening completed	Depression screen using quest
Lifestyle advice		
8CA41	Patient advised re diabetic diet	Patient advised re diabetic diet
8CA40	Patient advised re weight reducing diet	Patient advised re weight reducing diet
6798.	Health education - exercise	Health education – exercise
6792.	Health education - alcohol	Health education - alcohol
8CAL.	Smoking cessation advice	Smoking cessation advice
Foot Examination		
24EB.	Right foot pulses present	Right foot pulses present
24EA.	Right foot pulses absent	Right foot pulses absent
24FB.	Left foot pulses present	Left foot pulses present
24FA.	Left foot pulses absent	Left foot pulses absent
29BB.	10g monofilament sensation R normal	10g monofilament sensation R normal
29B9.	10g monofilament sensation R abnormal	10g monofilament sensation R abnormal
29BC.	10g monofilament sensation L normal	10g monofilament sensation L normal
29BA.	10g monofilament sensation L abnormal	10g monofilament sensation L abnormal
2G5E.	Right diabetic foot at low risk	Right diabetic foot at low risk
2G5F.	Right diabetic foot at moderate risk	Right diabetic foot at moderate risk
2G5G.	Right diabetic foot at high risk	Right diabetic foot at high risk
2G5H.	Right diabetic foot ulcerated	Right diabetic foot ulcerated
2G5I.	Left diabetic foot at low risk	Left diabetic foot at low risk
2G5J.	Left diabetic foot at moderate risk	Left diabetic foot at moderate risk
2G5K.	Left diabetic foot at high risk	Left diabetic foot at high risk
2G5L.	Left diabetic foot ulcerated	Left diabetic foot ulcerated
HbA1c Diabetic control		
44TB.	HbA1c level	HbA1c level
42W5.	HbA1c level - IFCC standardised	HbA1c level - IFCC standardised
8BL2.	Maximal tolerated therapy for diabetes	Maximal tolerated therapy for diabetes
eGFR / Creatinine		
451F.	eGFR	Glomerular Filtration Rate

44J3.	Serum creatinine	Serum creatinine
Serum Cholesterol & HDL		
44PH.	Total cholesterol measurement	Total cholesterol measurement
44P5.	Serum HDL cholesterol level	Serum HDL cholesterol level
8I63.	Statin not indicated	Statin not indicated
8I27.	Statin contraindicated	Statin contraindicated
8I3C.	Statin declined	Statin declined
U60CA	Statin causing adverse effect	Statin causing adverse effect
8I76.	Statin not tolerated	Statin not tolerated
8BL1.	Maximal tolerated lipid lowering therapy	Maximal tolerated lipid lowering therapy
Other Blood Tests		
414..	Sample sent to lab. for test	Sample sent to lab. for test
Urine Albumin Status		
46W..	Urinary microalbumin test done	Urinary microalbumin test done
46TC.	Urine albumin/creatinine ratio	Urine albumin/creatinine ratio
46N1.	Urine protein normal	Urine protein normal
R1103	Microalbuminuria	Microalbuminuria
R1100	Albuminuria	Albuminuria
ACE/A2 Antag Use		
8B6B.	ACE inhibitor prophylaxis	ACE inhibitor prophylaxis
8I28.	ACE inhibitor contraindicated	ACE inhibitor contraindicated
8I3D.	ACE inhibitor declined	ACE inhibitor declined
U60C4	ACE inhibitor causing adverse effects	ACE inhibitor causing adverse effects
8B6E.	Angiotensin II antagonist prophylaxis	Angiotensin II antagonist prophylaxis
8I2H.	Angiotensin II antagonist contraindicated	Angiotensin II antagonist contraindicated
8I3P.	Angiotensin II antagonist declined	Angiotensin II antagonist declined
U60CB	Angiotensin II antagonist causing adverse effects	Angiotensin II antagonist causing adverse effects
Agreed Management Plan/Med Review		
66AR.	Diabetes management plan given	Diabetes management plan given
8B3V.	Medication review done	Medication review done
6719.	Care discussed with consultant	Discussed with consultant
Retinal Screening		
68A7.	Diabetic retinopathy screening	Diabetic retinopathy screening
9N2e.	Seen by ophthalmologist	Seen by ophthalmologist
8I6F.	Diabetic retinopathy screening not indicated	Diabetic retinopathy screening not indicated
8I3X.	Diabetic retinopathy screening refused	Diabetic retinopathy screening refused
Influenza Vaccination		
65E..	Influenza vaccination given	Influenza vaccination given
14LJ.	Influenza vaccination allergy	Influenza vaccination allergy
8I2F.	Influenza vaccination contraindicated	Influenza vaccination contraindicated
9OX5.	Influenza vaccination declined	Influenza vaccination declined
Exception reporting		
9h41.	Patient unsuitable	Patient unsuitable
9h42.	Informed dissent	Informed dissent

**Sexual
Dysfunction
Complications**

677A.	Psychosexual counselling	Psychosexual counselling
E2273	Impotence	Impotence
1D711	No sexual dysfunction symptoms	Free of symptoms

**Cardiovascular
Complications**

G20..	Essential hypertension	Essential hypertension
G30z.	Acute myocardial infarction	Acute myocardial infarction
792..	Coronary artery operations	Coronary artery operations
G3z..	Ischaemic heart disease	Ischaemic heart disease
G64z.	Cerebral infarction	Cerebral infarction
G61..	Intracerebral haemorrhage	Intracerebral haemorrhage
G66..	Stroke/CVA unspecified	Stroke/CVA unspecified
G73z.	Peripheral vascular disease	Peripheral vascular disease

**Renal
Complications**

R1103	Microalbuminuria	Microalbuminuria
R1100	Albuminuria	Albuminuria
K050.	End stage renal failure	End stage renal failure

**Feet
Complications**

M271.	Foot ulcer	Foot ulcer
G73z.	Peripheral vascular disease	Peripheral vascular disease
7L062	Amputation above knee R	Amputation above knee
7L064	Amputation below knee R	Amputation below knee
7L07.	Amputation of foot R	Amputation of foot
7L08.	Amputation of toe R	Amputation of toe
7L062	Amputation above knee L	Amputation above knee
7L064	Amputation below knee L	Amputation below knee
7L07.	Amputation of foot L	Amputation of foot
7L08.	Amputation of toe L	Amputation of toe

Eye Complications

F490z	Blindness both eyes	Blindness both eyes
F420.	Diabetic retinopathy	Diabetic retinopathy
F421.	Background retinopathy	Background retinopathy
F4202	Proliferative diabetic retinopathy	Proliferative diabetic retinopathy