

Drug User Assessment
(Christo Inventory for Substance Misuse Services)

Assessor **Date:**
Client **CHI no.**
Total Score = _____

This form is for evaluation/clinical audit purposes only and is a rough indicator of professional **impression** of recent drug/alcohol related problems **in the past month**. Specific situations/behaviours are listed only as guiding examples and **may not reflect** the exact situation/behaviours of the client. (Please ring a number under each heading)

Social functioning

- 0 .. e.g. client has a stable place to live **and** supportive friends or relatives who are drug/alcohol free
- 1 .. e.g. client's living situation may not be stable **or** they may associate with drug users/ heavy drinkers (check one)
- 2 .. e.g. living situation not stable **and** they either claim to have no friends or their friends are drug users/heavy drinkers

General health

- 0 .. e.g. client has reported no significant health problems
- 1 .. moderate health problems e.g. teeth/sleep problems, occasional stomach pain, collapsed vein, asymptomatic Hep B/C / HIV
- 2 .. major problems e.g. extreme weight loss, jaundice, abscesses/infections, coughing up blood, fever, overdoses, blackouts, seizures, significant memory loss, neurological damage, HIV symptoms

Sexual / injecting risk behaviour

- 0 .. e.g. client claims not to inject or have unsafe sex (except in monogamous relationship with longstanding partner, spouse)
- 1 .. e.g. may admit to occasional 'unsafe' sexual encounters, or suspected to be injecting but denies sharing injecting equipment
- 2 .. e.g. client may admit to regular 'unsafe' sexual encounters, or has recently been injecting and sharing injecting equipment

Psychological

- 0 .. e.g. client appears well adjusted and relatively satisfied with the way their life is going
- 1 .. e.g. client may have low self-esteem, general anxiety, poor sleep, may be unhappy or dissatisfied with their lot
- 2 .. client has a neurotic disorder e.g. panic attacks, phobias, OCD, bulimia, recently attempted or seriously considered suicide, self-harm, overdose or may be clinically depressed. Or client may have psychotic disorders, paranoia (e.g. everybody is plotting against them), deluded beliefs or hallucinations (e.g. hearing voices)

Occupation

- 0 .. client is in full time occupation e.g. homemaker, parent, employed or student
- 1 .. e.g. client has some part-time parenting, occupation or voluntary work
- 2 .. e.g. client is largely unoccupied with any socially acceptable pastime

Criminal involvement

- 0 .. e.g. no criminal involvement (apart from possible possession of illicit drugs for personal use)
- 1 .. e.g. client suspected of **irregular** criminal involvement, perhaps petty fraud, petty theft, drunk driving, small scale dealing
- 2 .. e.g. suspected of **regular** criminal involvement **or** breaking and entering, car theft, robbery, violence, assault

Drug/alcohol use

- 0 .. e.g. no recent drug / alcohol use
- 1 .. e.g. client suspected of periodic drug/alcohol use, or else may be socially using drugs that are not considered a problem, or may be on prescribed drugs but not supplementing from other sources
- 2 .. e.g. client suspected of bingeing or regular drug / alcohol use

Ongoing support

- 0 .. e.g. regular attendance of AA / NA, drug free drop in centre, day centre, counselling or treatment aftercare
- 1 .. e.g. periodic attendance i.e. less than once a week contact with at least one of the above
- 2 .. e.g. client not known to be using any type of structured support

Compliance

- 0 .. e.g. attends all appointments and meetings on time, follows suggestions or complies with treatment requirements
- 1 .. e.g. not very reliable or may have been reported as having an 'attitude' problem or other difficulty with staff
- 2 .. e.g. chaotic, may have left treatment against staff advice or been ejected for non-compliance e.g. drug use, attitude problem

Working relationship

- 0 .. relatively easy going e.g. interviews easily, not time-consuming or stressful to work with
- 1 .. moderately challenging e.g. a bit demanding or time-consuming but not excessively so
- 2 .. quite challenging e.g. very demanding, hard work, time-consuming, emotionally draining or stressful to see