



# NHS Forth Valley

Last updated: 01/10/2008

## Falls Prevention & Bone Health

Read Code	Screen Description	Read Code Description
<b>History of Falls</b>		
TC...	Accidental falls	Accidental falls
SE4z.	Contusion	Contusion, site NOS
S8z..	Laceration	Laceration
S5yz.	Sprain	Other sprains/strains NOS
S4z..	Dislocation	Dislocation/subluxation NOS
S3z..	Fracture	Fracture NOS
S646.	Head injury	Head injury
<b>TUAG &amp; Falls Assessment</b>		
3986.	TUAG completed/not required	Get up and go test
3984.	TUAG normal	Get up and go test normal
3985.	TUAG abnormal	Get up and go test abnormal
38A..	Falls assessment	Falls assessment
<b>Risk Factors</b>		
1268.	FH: Osteoporosis	FH: Osteoporosis
14G6.	History of fragility fractures	H/O: fragility fracture
13CP.	Impaired mobility	Impaired mobility
14P2.	H/O: steroids	H/O: steroid therapy
<b>DXA Scan</b>		
58E..	DXA scan	Dual energy XR photon absorpt
<b>Interventions</b>		
66a6.	Osteoporosis - dietary advice	Osteoporosis - dietary advice
66a8.	Osteoporosis - exercise advice	Osteoporosis - exercise advice
66a2.	Calcium & Vit D/ Bisphosphonates/Other treatment started	Osteoporosis treatment started
816S.	Combined calcium and vitamin D3 preparation not indicated	Combined calcium and vitamin D3 preparation not indicated
812W.	Combined calcium and vitamin D3 preparation contraindicated	Combined calcium and vitamin D3 preparation contraindicated
817F.	Combined calcium and vitamin D3 preparation not tolerated	Combined calcium and vitamin D3 preparation not tolerated
813f.	Combined calcium and vitamin D3 preparation declined	Combined calcium and vitamin D3 preparation declined
816R.	Bisphosphonates not indicated	Bisphosphonates not indicated
812V.	Bisphosphonates contraindicated	Bisphosphonates contraindicated
817E.	Bisphosphonates not tolerated	Bisphosphonates not tolerated
813e.	Bisphosphonates declined	Bisphosphonates declined
66a3.	Calcium & Vit D/ Bisphosphonates/Other treatment stopped	Osteoporosis treatment stopped
816c.	Osteoporosis treatment not indicated	Osteoporosis treatment not indicated
<b>Fractures</b>		
(Following 12 months of drug intervention)		
S0z..	Fracture of skull NOS	Fracture of skull NOS
S1z..	Fracture of neck and trunk NOS	Fracture of neck and trunk NOS
S2z..	Fracture of upper limb NOS	Fracture of upper limb NOS

S4A..	Fracture/dislocation/subluxation shoulder	Fracture-dislocation or subluxation shoulder
S31z.	Fracture of femur, NOS	Fracture of femur, NOS
S37..	Fracture of lower limb, level unspecified	Fracture of lower limb, level unspecified
S3z..	Fracture of unspecified bones	Fracture of unspecified bones